

Walking Forward

By Rod Kurthy, DMD

updated 12/2018

Dealing with unwanted posterior open interproximal contacts

STEP-BY-STEP CHAIRSIDE SUMMARY

- ☑ Check occlusion with articulating paper in both:
 - Centric occlusion
 - All excursions
- ☑ Remove ALL occlusal marks on the distal half of the tooth.
- ☑ On the mesial half of the tooth:
 - Remove ALL marks on mesial cuspal inclines
 - Leave all marks on:
 - Distal cuspal inclines on the mesial half of the tooth.
 - Mesial marginal ridge (most important if possible)
If you do not have a good marking on the mesial marginal ridge, create one with composite (bonding to natural tooth structure – or – bonding to ceramic – or – bonding to metal). OR you may add composite to the cusp of the opposing tooth hitting the marginal ridge. (products listed below)
- ☑ You need to re-check these Walking Forward cases every three weeks, and adjust the occlusion as stated above, until the space is closed tightly.
- ☑ When a tight contact is achieved, confirm the articulating marks are as discussed above. This will ensure a continued tight interproximal contact.
- ☑ When placing any new restoration (composite, onlay, crown, etc.), follow the above instructions to ensure the tooth will not drift distally.

Rod Kurthy, D.M.D.
email - RKurthy@EvolveDental.com
www.KoRWhitening.com